



## ARMY CYCLING UNION CLUB RULES



### General

- 1) That this Club be called Army Cycling Union (ACU).
- 2) Those personnel selected to race for the Army, compete under the title of the Army Cycling Race Team (ACRT).
- 3) The aim of the ACU shall be 'to inspire soldiers to cycle'.
- 4) Membership of the ACU is to be open to all serving personnel of the Army, Regular and Reserve, and to veterans who have previously been a member of AC.
- 5) The ACU will be affiliated to British Cycling (BC) and other bodies at the discretion of the Executive Committee (ExCo).
- 6) It is highly recommended that all ACU members undertaking cycling activities shall have third party insurance such as that provided by BC, the National Cycling Charity (CTC) or of similar quality. It is recommended that the minimum 3rd party liability insurance is of a value not less than £10 million.

### Governance

- 7) An Annual General Meeting (AGM) shall be held once per calendar year. All members will be informed of the AGM date with a minimum of 21 days' notice. Notification will appear on the ACU MOSS page and via social media channels.
- 8) The management of the ACU shall be in the hands of the Officers and a Committee. These committee members will be chosen and selected by the ACU President/Chairman and ACU General Secretary. A majority vote by the main committee will be required to allow the proposed individual to take the vacant/new position.
- 9) Proposals for addition or alteration to Rules, or other motions, should be submitted to the ACU General Secretary at least 31 days before the AGM.
- 10) Any matter not provided for in these Rules shall be dealt with by the Committee, whose decision shall be binding on all parties.
- 11) ACU racing shall be run in accordance to the regulations drawn up by BC in their rules and constitution. These can be found [here](#). All ACU members are to ensure that they have read and understood these.

## **Membership**

- 12) All applications for membership shall be approved by the Membership Secretary. Annual membership runs from 1 April to 31 March.
- 13) A member joining after 1<sup>st</sup> January shall be credited with the next year's annual membership.
- 14) Where appropriate an AGM shall award Honorary Life Membership for outstanding services to the Club. Nominations will be heard and voted on at the appropriate committee meeting.
- 15) Annual Subscription Fees are due on 1st April. Members paid up for the previous year remain members until 1st April. Anyone not paid up by the 1st April shall be deemed to have left the Club.
- 16) The annual subscription fee will be £10. The ExCo reserve the right to raise or lower the annual subscription fees

## **Finance**

- 17) ACU's financial year shall commence on the 1 April and end on the 31 March the following year, after which date the Treasurer shall prepare the balance sheet.
- 18) A member in unauthorised debt to the Club will not be eligible to race in the name of the Club.
- 19) All Club monies will be banked in an account held in the name of the Club.
- 20) An audited statement of annual accounts will be presented by the Treasurer at the AGM.

## **Committees**

- 21) The ACU will be managed through an ExCo and a Full Committee. Both will be chaired by the Club Chairman (or in his/her absence, one of the Vice Chairmen/General Secretary).
- 22) A quorum for a Committee meeting shall be at least 5 members.
- 23) The AGM shall advise and decide upon policy and future activities of the Club.

## **Participation**

- 24) Selected Army Team Riders are not eligible to compete in racing events unless their ACU membership subscriptions are up to date.
- 25) When taking part in an ACU related activity, whether this activity involves cycling or not, all members must remember that their conduct reflects directly on the Club and, more importantly, the Army; consequently it must be of the highest order.

- 26) When cycling, all members must adhere strictly to the 'rules of the road' and must not put themselves or fellow cyclists, whether ACU members or not, in danger. Safety in our sport is of the utmost importance, and each member must not only look out for themselves, but also for fellow cyclists.
- 27) Each member is an ambassador for ACU, and should promote the benefits of being part of the ACU whenever and wherever they can.
- 28) Although it is not yet a legal requirement, wearing an approved safety helmet when cycling is strongly advised. The risk of serious head injury is greatly increased if a helmet is not being worn and this is likely to be taken into account in the event of an insurance claim.
- 29) ACU members must ensure that their name is placed on Regt Part One Orders prior to attending any ACU organised event.

### **Conduct and Discipline**

- 30) Any member who persistently flouts the rules of the ACU may face termination of their Club membership.
- 31) All complaints regarding the behaviour of members should be submitted in writing to the General Secretary.
- 32) The complaint will be heard at the next ExCo meeting. The ExCo has the power to take appropriate disciplinary action including the termination of membership.
- 33) The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 7 days of the hearing.
- 34) The ExCo may expel from membership only for good and/or sufficient cause, such as conduct likely to bring AC or sport into disrepute.
- 35) Anti-social behaviour or abuse by any ACU member will not be tolerated. This will result in the individual being excluded from ACU with immediate effect.
- 36) ACU committee members and club officials accept no liability whatsoever for any loss, damage or injury sustained on any organised ACU event.
- 37) Any individual found to have joined the ACU with false information will have their membership terminated and will not be eligible for a refund.
- 38) Any individual who objects to having their picture taken and used by the ACU are to inform the General Secretary in writing. If the individual is participating in an ACU organised event the individual is responsible to inform the event organiser that they do not wish to have their picture taken.

## **Discipline Committee and Hearings**

- 39) Discipline hearings will be held where it is deemed necessary. The Discipline Committee will comprise of the Chairman, a Vice Chairman and a minimum of three other ACU Committee members, including an independent member sourced from another Army sport.
- 40) The hearing will run along similar lines to that used by BC outlined in their rules.

## **Kit and Equipment**

- 41) The ACU club kit will be the following colours, red and black. The ACU club kit may be worn by all AC members.
- 42) The Army Cycling Race Team (ACRT) clothing design will be agreed by the ExCo with designs set to remain for a minimum of 3 years. Only personnel selected to race for the Army will be entitled to wear ACRT clothing.
- 43) All individual Corps' kits are to be approved by the General Secretary in order that the design can be checked against Army branding policy.
- 44) Any ACU member that is proven to be making a profit by the re-selling of any item purchased using an ACU discount will have their membership terminated and may have further disciplinary action taken. ACU sourced discounts are for the benefits of members only.
- 45) Each member is responsible for maintaining their bicycle in a good and safe condition, and particularly during the winter months or when the weather demands it, fitting mudguards as a courtesy to other ACU members.

## **Social Media**

- 46) The ACU has a club Facebook closed group page that members with current membership can access. Control of access lies with the ACU Membership Secretary.
- 47) Promotion of the ACU and the ACRTs is delivered via public facing Facebook and Twitter accounts.
- 48) ACRTs are expected to run discipline specific Facebook and Twitter accounts to promote their activities. All posted stories are to be shared onto the central Army Cycling Facebook and Twitter accounts.
- 49) Any form of abuse towards other members of the ACU on social media will not be tolerated and complaints received regarding such issues will be dealt with by a discipline hearing.

## **Summary**

50) Detailed conduct of activity is covered in a series of policies and SOIs that can be found on the AC MOSS page.

51) These rules replace all previous ACU rules.

Authorised By:

S C Williams  
Col  
Chairman Army Cycling